



February - March
2003

Published by the
Town of Fountain Hills
Parks & Recreation
Department

Changes at Town Hall

One of the many changes that are planned at Town Hall is the consolidation of the Community Center with the Parks and Recreation Department. In addition, the Parks and Recreation Department offices will be relocating to the Community Center the first week of February. Program participants will now be able to inquire about a program, register, and attend many of the Department's offerings at the Community Center. All of the Parks and Recreation Department's phone numbers will remain the same including the main number, which is 816-5152. The Community Center's address is 13001 N. La Montana Dr.



Luck of the Irish

"Céad Míle Fáilte" - Gaelic for "One Hundred Thousand Welcomes!" The Town of Fountain Hills welcomes you and your family to join us as the world famous fountain turns emerald green at high noon in celebration of St. Patrick's Day. The festivities begin at 11:30 a.m. on Monday, March 17th with Irish music echoing through the park, along with an appearance by the Fountain Hills leprechaun and his Irish goodies. At noon, the Spirit of Scotland Pipe Band will be in the park performing traditional Irish music. Come start your St. Patrick's Day at Fountain Park as people gather for our annual tradition that extends back to the early 1980's. The event is proudly sponsored by **Loving Family Dental** and **Elite Painting and Wallcoverings**.



Special Interest Programs & Excursions

Spring Training Games

Join us for a series of excursions to the Cactus League Spring Training games at stadiums throughout the Valley. You'll travel to and from the games in an air-conditioned 15-passenger van

and enjoy the games from the grandstands. All excursions leave from Town Hall - North Parking Lot. Plan on having lunch at the ballpark. All games begin at 1:05 p.m. Space is very limited, register early!

Game: **Cubs @ Giants**
Date: February 27th - Course #1723

Game: **Rangers @ Cubs**
Date: March 7th - Course #1724

Game: **Diamondbacks @ Giants**
Date: March 14th - Course #1725

Game: **Giants @ Angels**
Date: March 19th - Course #1726

Game: **Brewers @ Cubs**
Date: March 24th - Course #1727

Fee: \$25 per participant
Contact: Bryan Hughes, 816-5135

Hiking Series

We are starting another great hiking season filled with beautiful scenery and new friends made along the way. Please bring two quarts of water, a sack lunch, and comfortable hiking boots.

Where: **Circumference Trail, Phx**
Level: Easy to Moderate
Date: February 8th - Course #1749

Where: **Peralta Trail, Apache Junction**
Level: Moderate to Difficult
Date: March 8th - Course #1750

Where: **Boynton Canyon, Sedona**
Level: Easy
Date: April 12th - Course #1751

Fee: \$15 for each trip
Contact: Corey Hromek, 816-5170

Day Trips

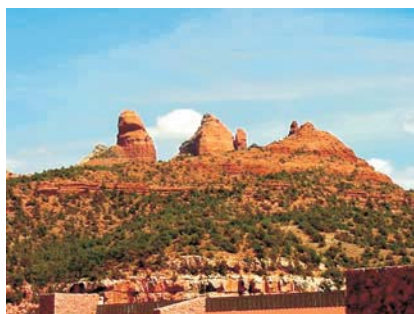
Let's get out of town! Join us each month as we take trips to various locations throughout Arizona. Tell friends and bring your spouse. A great time is guaranteed! Space is limited, so register early. All trips leave from Town Hall - North Parking Lot.

Where: **Wrigley Mansion/
Biltmore Fashion Park**
Date: February 13th - Course #1728
Fee: \$17 per participant

Where: **Sedona Shopping Trip**
Date: March 28th - Course #1729
Fee: \$10 per participant

Where: **Verde Canyon Railroad**
Date: April 18th - Course #1730
Fee: \$44 per participant

Contact: Bryan Hughes, 816-5135



Spring Break Turnaround Trip

Get ready for the best trip for teens Parks and Rec has to offer - the Disneyland Turnaround Trip! The details of this yearly event include activities at the Community Center before we leave, movies on the bus ride to California, a full day of fun at the "happiest place on earth" and more! Fees include transportation and admission to the park. Register early to secure your spot!

Where: Disneyland - Anaheim, CA
Dates: Thurs., Mar. 27th - Sat., Mar 29th
Times: Depart Thurs. - 10:00 p.m.
Return Sat. - 5:30 a.m.

Ages: Grades 6 - 12
Fees: \$100 per participant
Course: #1711
Contact: Bryan Hughes, 816-5135



Communication Workshop

Christina Smithbaker, Animal Communicator, will guide you through this animal/human workshop. In this workshop, you can expect to access higher levels of communication with your pet and improve relationships and behaviors. Come discover your full potential to converse with animals. You may bring one pet per person or a photo of your pet. Spaces are limited, pre-registration is required.

Where: Desert Vista Park
Date: Saturday, March 22nd
Course: #1739
Time: 10:00 a.m. - 1:00 p.m.
Fee: \$45 per participant
Contact: Corey Hromek, 816-5170

Beginning Spanish

This informal course is geared towards those with little or no background in Spanish. The emphasis is on vocabulary and phrases immediately useful to communicate in Spanish.

Where: Community Center -
Seminar Room #2
Date: Wed., Mar. 5th - Apr. 9th
Times: 6:00 - 8:00 p.m.
Course: #1745
Fee: \$45 per participant
Instructor: Jean Greenwood
Contact: Corey Hromek, 816-5170

Kiddie Rhythmics

Come explore movement and dance this spring with this program for pre-school aged children. Participants will learn some simple dance moves, play parachute games and discover new songs. The kids will also get to enjoy a snack with their new friends at the end of the hour.

Where: Community Center -
Ballroom #4
Date: Mondays, Feb. 3rd - Mar. 3rd
Times: 3:30 - 4:30 p.m.
Ages: 2-6 years old
Course: #1719
Fee: \$25 per participant
Contact: Corey Hromek, 816-5170

Arts and Crafts & Special Interest Programs

Colored Pencil Drawing

Learn layering, blending, light pressure, erasing, lifting, shadow, and light techniques working with the pencil. Learn color testing, blending, equipment care, design layout, matting, and framing. A supply list is available at the time of registration.

Where: Community Center -
Art Room #1
Date: Thurs., Feb. 13th - Mar. 20th
Times: 4:00 - 7:00 p.m.
Course: #1747
Fee: \$50 per participant
Instructor: Karel Armstrong
Contact: Corey Hromek, 816-5170

Sculpture I

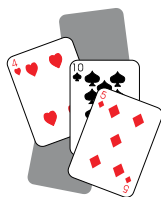
Beginner to Advanced students welcome in this class for anyone wishing to learn how to sculpt a portrait head using water base clay. Components: simple armature, kiln firing, surface anatomy, and planes of the head. Possible model available, but bring front, side, and back photos of your subject. \$10 supply fee is payable to the instructor on the first day of class. Pre-registration is required.

Where: Community Center -
Art Room #2
Date: Mon., Feb. 24th - Mar. 31st
Times: 6:00 - 8:00 p.m.
Course: #1742
Fee: \$75 per participant
Instructor: Ron Head
Contact: Corey Hromek, 816-5170

**Call Parks & Recreation
for more information and
a schedule for upcoming
arts & crafts courses.**

Friday Bridge

Come play the exciting game of bridge every Friday. Players do not need a partner to participate.



Where: Community Center
Date: Friday (weekly)
Time: 10:00 a.m. - 1:00 p.m.
Fee: \$1 per participant
Contact: Evelyn Breting, 816-5142

Watercolor I & II

Join instructor Joan Campbell as she teaches the basics of watercolors. Learn paper preparation, brush strokes, designing, composition, and more. You will benefit from instructor critiques and demonstrations showing various techniques and styles of painting with watercolors.

Where: Community Center -
Art Room #1
Date: Fri., Feb. 28th - Apr. 4th
Times: 10:00 a.m. - 12:00 p.m.
Course: #1748
Fee: \$36 per participant
Instructor: Joan Campbell
Contact: Corey Hromek, 816-5170

Kids & Crafts Camp

Your little ones need to keep busy on Spring Break and we're going to help. Join our recreation staff for fun and adventure. A small snack will be provided each day. Sign up for each day and be taken on a wild and crazy adventure! Everyday will have a different theme. Sign up soon as space is limited. Parents are welcome to stay and join in too!

Where: Community Center -
Kindercare Room
Date: Mon.-Fri., Mar. 24th - 28th
Times: 9:00 a.m. - 12:00 p.m.
Ages: 3-6 years old
Course: #1746
Fee: \$15 per day or \$60 for all week
Contact: Corey Hromek, 816-5170

Holiday Hoopla!

Kids and parents are invited to help us celebrate the upcoming holidays by making some festive arts and crafts. There will be 10 different crafts to create, plus snacks and music to add to the fun. Register early!

Where: Community Center -
Kindercare Room
Date: Saturday, Feb. 8th & Mar. 15th
Times: 9:00 a.m. - 11:00 a.m.
Ages: 2-6 years old
Course: #1743 & #1744
Fee: \$15 per participant
Contact: Corey Hromek, 816-5170



Dino-Might Dinosaur Dig

If your child "digs" dinosaurs, then this class for you. Your little T-Rex will have a great time making dino-crafts and learning about the past while having fun now! A parent must be present for class. Pre-registration is required as space is limited.

Where: Community Center -
Kindercare Room
Date: Saturday, February 22nd
Time: 9:00 a.m. - 11:30 a.m.
Ages: 3 - 6 years old
Course: #1737
Fee: \$18.00 per participant
Contact: Corey Hromek, 816-5170



**Sign up for both
"Dino-Might Dinosaur Dig"
and "Backyard Bug Safari"
to receive a 25% discount!**



Backyard Bug Safari

Discover the world of bugs and critters. We'll be making worm paintings, terrariums, pom-pom critters and tons more! A parent must be present for each class. Pre-registration is required as space is limited.

Where: Community Center -
Kindercare Room
Date: Saturday, March 1st
Time: 9:00 a.m. - 11:30 a.m.
Course: #1738
Ages: 3 - 6 years old
Fee: \$18.00 per participant
Contact: Corey Hromek, 816-5170



Exercise & Fitness/Healing Arts

T'ai Chi Chuan

Many studies show Tai Chi has a profound impact on people's health. Come to enjoy this ancient Chinese exercise used by millions for stress reduction, flexibility, reduced blood pressure, increased awareness, and body toning. Tai Chi promotes general fitness and harmony between our body, mind, and spirit. The slow, gently flowing moves of Tai Chi Chuan are practiced daily worldwide.

Where: Community Center - Ballroom #4
Date: Wed., Mar. 5th - Apr. 9th
Time: 7:00 p.m. - 8:30 p.m.
Course: Beginners - #1733 (6-weeks)
Advanced - #1734 (4-weeks)
Fee: \$40 per participant
Instructor: Dick Wilson
Contact: Corey Hromek, 816-5170

Learning To Live Lean

Are you still struggling with your New Years Resolution to lose weight and get in shape? If so, Learning to Live Lean will teach you the tools you need to successfully reach your health and fitness goals. This two-part course is offered on consecutive Tuesday nights with the first class focusing on exercise guidelines to effectively lose weight and the second focusing on nutrition strategies that will raise your metabolism.

Where: Community Center
When: Tues., Feb. 11th & 18th
Time: 7:00 - 8:30 p.m.
Course:
Fee: \$15 each/\$25 for both
Instructor: Bob Martin MS, CSCS
Contact: Corey Hromek, 816-5170

Cardio Kickboxing

This is the best workout in town! You can burn up to 800 calories per hour as you tone and strengthen your entire body. Cardio Kickboxing is a fun and exciting way to learn basic self defense as well as getting slim and trim.

Where: Community Center
Class Rooms #1 & #2
Date: Feb. 11th - Mar. 6th
Times: Tues. & Thurs., 8:00 - 9:00 a.m.
Course: #1741
Fee: \$36 per participant
Instructor: Lindsey Greer
Contact: Corey Hromek, 816-5170

Yoga

Enjoy this very relaxing exercise class and become both physically and mentally fit by experiencing the mood of music and deep meditation. Wear comfortable stretch-clothing, and bring a mat and water.

Where: Inner Peace Yoga & Fitness
Date: Mar. 15th - Apr. 7th
Class: Beginners - Flow III
Course #1722
Mon., 5:45 p.m. - 6:45 p.m.
Class: Beginners - Flow III
Course #1721
Sat., 9:30 a.m. - 10:30 a.m.
Fee: \$36 per participant
Instructor: Inner Peace Center
Contact: Corey Hromek, 816-5170



Heart Smart Foods

Heart disease is the number one killer of adults regardless of gender. The nutrition choices we make can significantly influence our risk for heart disease. This class will teach you about which foods promote heart health and how to incorporate new foods into your diet.

Where: Community Center
When: Tues., Mar. 25th
Time: 7:00 - 8:30 p.m.
Course:
Fee: \$15 per participant
Instructor: Bob Martin MS, CSCS
Contact: Corey Hromek, 816-5170

Pilates

Pilates is a core strengthening exercise program that has swept the country. Benefits of this very popular course helps restore muscular balance, build strength and flexibility, increase coordination and improves body alignment and posture.

Intro to Fung Shui I

Feng Shui is an ancient Chinese system of balancing the chi (life energy) that influences our life. Its purpose is to help people create a living or working environment that supports our health, prosperity, family and relationships. Learn about the different approaches and basic concepts that form the foundation of Feng Shui analysis. Begin looking at your home through these concepts.

Where: Community Center
Seminar Room #2
Date: Mon., Mar. 3rd - 24th
Times: 7:00 p.m. - 8:30 p.m.
Course: #1731
Fee: \$36 per participant
Instructor: Dick Wilson
Contact: Corey Hromek, 816-5170

Intro to Fung Shui II

Additional concepts and techniques of Feng Shui are presented including aspects of personal Feng Shui. Explore how to use this additional knowledge with regard to a home and its occupants. *Prerequisite is Introduction to Feng Shui 1.*

Where: Community Center
Seminar Room #2
Date: Mon., Apr. 7th - 28th
Times: 7:00 p.m. - 8:30 p.m.
Course: #1732
Fee: \$36 per participant
Instructor: Dick Wilson
Contact: Corey Hromek, 816-5170



Where: Community Center
Classrooms #1 & #2
Date: Feb. 11th - Mar. 6th
Times: Tues. & Thurs., 9:00 - 9:30 a.m.
Course: #1740
Fee: \$18 per participant
Instructor: Lindsey Greer
Contact: Corey Hromek, 816-5170

Adult & Youth Sports

Tennis Lessons

Tom Lepisto and staff are back, but with new days and times to reduce conflicts.

All lessons are now Mondays and / or Wednesdays at Golden Eagle Park. Junior and Adult lessons are available in six week sessions.



Where:

Golden Eagle Park

Date: Mar. 31st - May 7th

Class: **Age 6 - 9**

Mon. & Wed., 5:00 - 6:00 p.m.

Course: #1759

Class: **Age 10 - 12**

Mon. & Wed., 6:00 - 7:00 p.m.

Course: #1760

Class: **Pee Wee (age 3 - 5)**

Wed., 5:30 - 6:00 p.m.

Course: #1758

Class: **Adult Beginning**

Mon. 7:00 - 8:00 p.m.

Course: #1756

Class: **Adult Intermediate**

Wed., 7:00 - 8:00 p.m.

Course: #1757

Fee: Junior \$68, PeeWee \$32,

Adult - \$56

Instructor: Tom Lepisto, 816-6699

Contact: Milo Bonnin, 816-5132

Recreational Senior Softball

Senior softball returns with games at beautiful Golden Eagle Park. All players are encouraged to contact Ed Malumphy to be placed on a team. This is an excellent way to get some exercise and meet new friends. Teams play double-headers each week. Leagues will be combined if not enough teams sign up.

Where: Golden Eagle Park

Date: Season begins Jan. 8th

Times: **50+ League** - Thurs. mornings

Course: #1763

65+ League - Wed. mornings

Course: #1765

Fee: \$130 per team

Contact: Milo Bonnin, 816-5132



Great Fair Senior Softball Tournament

Come out to Golden Eagle Park to see some of the best senior softball action in the state. Teams from all over Arizona will be in Fountain Hills to compete for bragging rights!

Where: Golden Eagle Park

Date: Thurs. - Sun., Feb. 20th - 23rd

Contact: Bryan Hughes, 816-5135

Karate

Kids and adults can take this class to learn if karate is the sport for them. This beginning introductory course to karate will teach participants



discipline, control, physical fitness, as well as martial arts skills.

Where: Fountain Hills Karate Club

Date: Mar. 31st - May 9th

Class: Age 5 - 12 (Mon, Wed & Fri)

Times: 4:00 p.m. - 5:00 p.m.

Course: #1752

Class: Age 13 - Adult (Mon, Wed & Fri)

Times: 6:00 p.m. - 7:00 p.m.

Course: #1753

Fee: \$20 per participant

Instructor: Shawn Dow, 816-8890

Contact: Milo Bonnin, 816-5132



Gymnastics

Lessons will be offered at Four Peaks Elementary School. Boys and girls of all levels are welcome.

Where: Four Peaks Elementary School - Multi Purpose Room

Date: Tuesdays and Thursdays
Apr. 1st - May. 22nd

No class: Feb. 18th

Class: Beginning, 3:30 - 4:20 p.m.

Course: #1754

Class: Intermediate, 4:20 - 5:10 p.m.

Course: #1755

Ages: Boys & Girls ages 5 - 12

Fee: \$70 per participant

Instructor: Kirsten Smith

Contact: Milo Bonnin, 816-5132

Basketball Bonanza - NEW DATE!

Basketball Bonanza is a one-day special event consisting of three separate basketball competitions, a Hot-Shot Competition, a Three-Point Shootout, and a Free Throw Contest. The winning participants in each competition category will advance to the State Finals at America West Arena, hosted by Arizona Parks and Recreation Association and the Phoenix Suns. Participants can only advance in one of the three competitions.

There are three age divisions for boys and girls: 9-11, 12-14, 15-17. Come on out and show off your basketball skills!

Where: Fountain Hills M.S. Gym

Date: Friday, February 14th

Times: Registration - 6-7 p.m.

Competitions begin at 7 p.m.

Ages: Boys & Girls ages 9 - 17

Fee: No Charge

Contact: Bryan Hughes, 816-5135

Fountain Hills Library

Spring at the library offers many wonderful programs and opportunities. For more information on any of these, call the Library at 837-9793.

ADULT PROGRAMS

Computer Classes - FREE classes for beginners on Wednesdays from 1:30 - 2:30 p.m. and on Saturdays from 10:00 - 11:00 a.m. Call for more information on specific courses, dates and times. Registration is REQUIRED and begins two weeks before each class.

Fountain Hills Writer's Workshop - This workshop meets in the Fountain Hills library meeting room on the third Friday of every month (Feb. 21 and Mar. 21). Each workshop includes editing, activities, and discussions. We hope to put together a collection of works that come from these meetings so feel free to bring in your writing (or b/w art) with a willingness to create with us.

Fountain Hills Branch Reading Club - Due to popular demand we have revised the reading club schedule and will now be reading two titles per month meeting the 1st Tuesday and 3rd Thursday of each month at 3pm through April. Join us in the lounge area of the library for a book discussion. Starbucks will be providing complimentary coffee. Book titles and discussion questions will be available at the customer service desk.

Music in the Library - Join us in the lounge area of the Library for some musical entertainment. Call the library for more details. All are welcome and the sessions are free.

Creative Hands in the Library - A series of workshops for those who like to do crafts of all sorts. Programs range from needlecrafts to scrapbooking and origami. We meet the first Saturday of each month from 11 a.m. - 1 p.m. Sessions are limited to 16 participants. Call the library for more details.

Multicultural Events - Carmen and Zarco Guerrero and family, featuring music and comedy from the Latin American traditions of Brazil, Mexico, and America. Join us February 8th at 12 p.m. in the lounge area.

Delphine Tsjannie - Native American Singer and storyteller. Join us on March 15th at 3 p.m. in the lounge area.

Teen Council - The Fountain Hills Branch Library is looking for teens to voice their opinions and get involved at the library. Activities include contributing to the teen web site, providing suggestions for reading and programming, and participating in teen events. This group meets the last Friday of each month. Contact Christine for more information: 480-837-6577

CHILDREN'S LIBRARY PROGRAMS

Once Upon A Monday - Preschoolers are invited to join us each Monday for stories, activities and crafts. Watch for announcements for special guest performers and storytellers each month. Mondays 10-11 a.m.

Happily Ever After On Thursday - Story time especially for toddlers. Similar to our "Once Upon a Monday" story time (stories, activities and crafts) but with easier concepts for toddlers each Thursdays from 10-11 a.m.

Big Screen Book Club - February book is "A Wrinkle in Time". Books are available starting February 1. Kids will watch the movie in the theaters on their own, and we will meet for activities related to the book and movie. February 19 (Wednesday) 3 p.m. The book for March will be announced at a later date but we will meet March 19, 3 p.m. for the movie and discussion.

Rowby's Travels - Red Herring Puppets delight young audiences with this lively spectacle of music, dance, story and silliness. Rowby is an alien hand puppet who brings the audience through a tour of planet Earth from his own unique perspective. Join us on February 5th at 5 p.m. at the Fountain Hills Community Center.



Two Donuts - Dream along with Pepito, a young Latino boy whose grandmother has filled him with stories of her Central American homeland. His adventures start with a doughnut purchased from Panadero the baker and end with a crusade against dictatorship and a determination to reclaim the beauty of his grandmother's world for the people of his barrio. With an artful mix of actors, puppetry and music, this new work by a local playwright weaves a fantastical tale with humor and spirit. Join us on February 13th at 3:30 p.m. at Four Peaks Elementary School.





HELP Us, HELP YOU



More people take up running and walking each year as a quick, inexpensive way to stay fit and enjoy the beauty of Fountain Hills. Use these pointers to make runs and walks safer and more enjoyable.

- Plan in advance. Let someone know the route to be taken and the length of time to be gone. Don't get lulled into a "zone" but stay aware of surroundings.
- Change directions when the suspicion exists that someone is following. Head for an open store, restaurant, or lighted area. If frightened, yell for help!
- Do not resist a robbery attempt. Give up property; not life. Report the crime immediately to local law enforcement. Describe the attacker accurately. These actions may prevent others from being victimized.
- Distract an attacking animal by feeding the animal a jacket or backpack and then back away slowly. If knocked down, cover face, ears, and neck with hands. Try not to scream or roll around.

New York and Chicago have experienced a 4%+ decrease in violent crimes in the past few years while Arizona's percentages have increased by 2%. To make neighborhoods safer, report any unsafe conditions or suspicious activity to law enforcement.

Start a neighborhood Block Watch Program. Contact the Fountain Hills Marshals Department, Community Service Division at 480-837-8800 for information about this valuable way to make a difference in the community.



Fountain Hills Parks and Recreation Program Registration & Release of Liability

Please PRINT

1

Main Contact _____

Address _____ City, State, Zip _____

Home Phone _____ Alt. Phone _____ Emerg. Phone _____

2

Participant's Name	Birth Date	Sex	Grade	T-shirt Size	Program Title	Course Number	Fee
Please make checks payable to: The Town of Fountain Hills						TOTAL	

3

Signature of Participant (or parent/guardian if under 18) _____ Date _____

By signing above I understand that no medical insurance is provided for Town of Fountain Hills activities and agree to assume the risk for any injury related to my participation or the participation of my dependents. I agree to make no claims against the Town of Fountain Hills or any of its officers, employees, or volunteers for any injury or incident arising from this activity, however caused, including liability for negligence. I am physically able (or my dependent is physically able) to participate in this activity. I consent to any medical treatment my dependent needs while involved in this activity and I agree to pay for it. I realize that the Town of Fountain Hills is not responsible for lost or stolen articles.

Mail to: Parks and Recreation Department, ATTN: Program Registration
P.O. Box 17958, Fountain Hills, AZ 85269
OR Deliver to: Town Hall, 16836 E. Palisades Blvd., Building A

IF YOU REQUIRE SPECIAL ACCOMMODATIONS, PLEASE CALL 480-816-5152 (VOICE) OR 1-800-367-8939 (TTD)

For Office Use Only

Date Received _____
Check # _____
Cash _____ Staff _____

The Senior Activity Center of Fountain Hills is open Monday through Friday, 9:00 a.m. to 4:00 p.m.
The Center is located at the Town Hall Complex, 16836 E. Palisades, Building C, facing north.
Participation fee of \$10.00 is requested on a calendar-year basis. Contact us at 816-5888.

Fitness Classes

Fitness class fee is \$2 per session or \$20 punch cards are available for payment.

Strength Training: Tue. & Thurs. 8:00 a.m. - 9:00 a.m.

Low Impact Aerobics: Tue. & Thurs. 9:10 a.m. - 10:10 a.m.

Stretch 'n Tone: Mon. & Wed. 4:00 p.m. - 5:00 p.m.

A free yoga class is available for paid participants each Wed. in Feb. - 8 a.m.

Line Dancing Class

Beginning and Intermediate class is Thur., 10:30-11:30 a.m. Advanced class is Mon., 7:00 - 9:00 p.m.

Quilting

Join instructor Elizabeth Bugg to learn the *Log Cabin* pattern. Beginners welcome. Tuesdays, Feb. 4-25, from 1:00-3:00 p.m.

Cards

Card players meet Fri., 9:00 a.m.-noon. Chess, Checkers, picture puzzles, and board games also available.

Bingo

This fun group meets Mon., 1:00-3:00 p.m. Twelve games with monetary prizes: \$3.00 for 3 cards.

Computer Classes

Based upon class registration, courses offered may include:

- ~Computer Fundamentals
- ~Introduction to Computers
- ~Word Processing
- ~Introduction to Graphics
- ~Introduction to the Internet
- ~Photo Shop Elements

Call the Center for fee & registration information.

SeniorNet Lab open to any and all SeniorNet members on Wed. from 9:30 a.m.-11:30 a.m.

Porcelain Painting

Fridays, Feb. 7th - Mar. 21st, 1-4 p.m. Call for fees and more info. Selected Thursday trips in Senior Services van to local lakes. Call for complete schedule and additional info.

Sherlock Holmes Club

Monthly meetings to discuss mysteries, Feb. 14th & Mar. 14th from 4-6 p.m.

Men's Group

Call for schedule of activities and discussions. For women as well as men: *Great Decisions* discussion group on U.S. Foreign Policy led by Bob Mock, retired C.I.A. - Tues., Mar 25th - Apr 15th, 3:30-5:00 p.m.

Trips

Call the Center for more information.

Coffee Classics with the Phoenix Symphony - Feb. 21st.

Will Rogers Follies at Broadway Palms - Apr. 16th; Reserve by Mar. 14th

Price is Right Game Show - Mar. 18-20; reserve by Feb. 18th

Route 66 AZ Adventure - Apr. 24-25; reserve by Mar. 24th

Caregiver Support Group 2nd Wed: Feb. 12th & Mar. 12th beginning at 10:00 a.m.

Spelling Bee

Wed., Feb. 5th - 1:00-3:00 p.m. Winner goes to state Feb. 21st

Financial Seminars

There is no charge for these seminars. Please call the Center for reservations.

All Weather Investing Wed., Feb. 19th - 2:00-3:00 p.m. John Winter presenting.

Ten Ways to Wealth Thurs., Feb. 20th 3:30-5:00 p.m. Maureen Featherston presenting.

Last Paycheck Wed., Mar. 19th - 1:00-2:30 p.m. Maureen Featherston presenting.

Caregiver Forum

F.H. Community Center
Wednesday, March 12th,
8:00 a.m. to 12:00 p.m.

Learn coping skills and resources from the experts. call for info. Hosted by Senior Services of Fountain Hills and Beatitudes Center D.O.A.R.

Mah Jongg

Tuesdays from 1-5 p.m.

Services

Call the Senior Activity Center at 816-5888 for information on the following services:

- ~Benefits counseling by appointment for Medicare or Social Security.
- ~Medical equipment loan program.
- ~Home delivered meals. Call Marti at the Center at extension 4.
- ~ViCAP Orientation - Mon., Mar 31st, 10:00-11:30 a.m: train to serve a homebound neighbor.
- Call Nancy, Marti, or Walt with ideas for new programs and trips. We will do our best to meet your needs!

How to Contact Us

Town Hall: 837-2003
Parks & Recreation: 816-5152
Marshals Department: 837-8800
Sheriff's Department: 837-2047
Fountain Hills Fire Dept.: 837-9820
Public Library: 837-9793
Community Center: 816-5200
Senior Activity Center: 816-5888
Fountain Hills School Dist.: 664-5000



Town of Fountain Hills
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